















November Menu 2021

Site: Custer

<p>Monday 1 Swiss Steak w/Tomato & Onion 1CS Baked Potato 1CS California Blend Vegetables Pears 1CS Bread 1CS</p>	<p>Tuesday 2 Chicken Pot Pie Topped w/a Biscuit 2CS Broccoli Salad Peaches 1CS LS Tomato Juice 1CS</p> 	<p>Wednesday 3 Cabbage Beef Soup 1 1/2CS Chicken Salad Sandwich 2CS Cooked Apples 1 1/2 CS Grape Juice 2CS</p>	<p>Thursday 4 Chicken Parmesan Oven Baked Rice 1 1/2CS Parslied Carrots 1/2CS Banana 2CS Bread 1CS</p> 	<p>Friday 5 Spanish Rice w/Hamburger 3CS Green Beans Corn O'Brien 1CS Fruit Cocktail 1CS Bread 1CS</p> 
<p>Monday 8 Chili 1 1/2CS Cornbread 1CS Orange 1CS Lt Yogurt 1CS</p> 	<p>Tuesday 9 Autumn Chicken 1CS Baked Sweet Potato 1 1/2CS Butter Beets 1CS Tossed Salad Mandarin Oranges 1CS Bread 1CS</p>	<p>Wednesday 10 HAPPY BIRTHDAY Chicken Fried Steak Mashed Potatoes w/Milk Gravy 2CS Green Beans Tropical Fruit 1CS Bread 1CS Cake 2 CS</p> 	<p>Thursday 11 THANK YOU VETERANS</p> 	<p>Friday 12 Hamburger on a Bun 2CS Carrots 1/2CS Potato Salad 1 1/2CS Leaf Lettuce & Tomato Slices Pears 1CS</p>
<p>Monday 15 Hungarian Goulash 3CS Cooked Cabbage Peas & Carrots 1 CS Plums 1CS Bread 1CS</p> 	<p>Tuesday 16 Scrambled Eggs w/Cheese Hashbrown Patty 1CS Stewed Tomatoes Cooked Apples 1 1/2CS Bread 1CS</p>	<p>Wednesday 17 Sloppy Joe on a Bun 2CS Parmesan Green Beans Tater Tots 1CS Jello w/Topping 1CS Peaches 1CS</p> 	<p>Thursday 18 Breaded Baked Fish 1CS Baked Potato 1CS California Blend Vegetables Banana 2CS Bread 1CS</p>	<p>Friday 19 THANKSGIVING MEAL Roast Turkey w/ Dressing 1CS Mashed Potatoes w/Gravy 1CS Cranberry Sauce 1CS Green Beans Dinner Roll 1CS Pumpkin Pie 2CS</p> 
<p>Monday 22 Mandarin Orange Chicken 1CS Oriental Blend Vegetables Sliced Parslied Potatoes 1CS Fruit Cocktail 1CS Pudding w/Topping 2CS Bread 1CS</p>	<p>Tuesday 23 Beef Noodle Stroganoff 2CS Mixed Vegetables 1/2CS Coleslaw 1/2CS Applesauce 1 1/2CS Bread 1CS</p> 	<p>Wednesday 24 Roast Beef Sandwich w/Provolone 2CS Hashbrown Patty 1CS Sunshine Salad 1CS Strawberry Rhubarb Crisp 1 1/2CS Ice Cream 1CS</p>	<p>Thursday 25 Friday 26 CLOSED</p> 	
<p>Monday 29 Creamed Turkey /w Biscuit 1CS Parslied Potatoes 1CS Peas 1CS Orange Juice 1CS Pears 1CS Bread 1CS</p> 	<p>Tuesday 30 Taco Salad w/Meat & Beans 1CS Pudding w/Topping 2CS Peaches 1CS Bread 1CS</p>	<p>Oct. Winner: To Be Announced Answer: Witches, Black Cat, Moon</p> 	<p>Puzzle of the Month</p> <p>It looks like a person but it is not a person. The farmer likes it but the birds do not like it. What is it?</p> 	

*All meals include 8 oz. 1% milk (1 CS)

Choice of 1- 2 bread / grain servings (1 – 2 CS)

Carb Servings = (CS) (1 = 15 grams Carbohydrate)

marked for diabetic diets

**All canned fruit is in light syrup

*****MENU SUBJECT TO
CHANGE WITHOUT NOTICE*****

FOR RESERVATIONS OR CANCELLATION

PLEASE CALL
CUSTER SENIOR MEALS
605-517-0621
24 HRS. IN ADVANCE